

Brain Care Centre[®]
Defy Limitations!

When in doubt, sit them out!

Concussion Management Program

The Brain Care Center has designed an engaging presentation that is 45-60 minutes in length and **absolutely free**. The program will provide preventative education to the audience on:



- *What a concussion is*
- *How to identify signs and symptoms in yourself and others*
- *Impacts of injury culture*
- *Return to Activity Guidelines*

Presentation options include:

- **Concussion Management**
- **Sport Concussion Management**
- **Sport Concussion Management with ImPACT[®] Baseline Testing**

For more information please visit www.braincarecentre.com

For all requests please contact:

Jen McLean

Concussion Outreach Facilitator

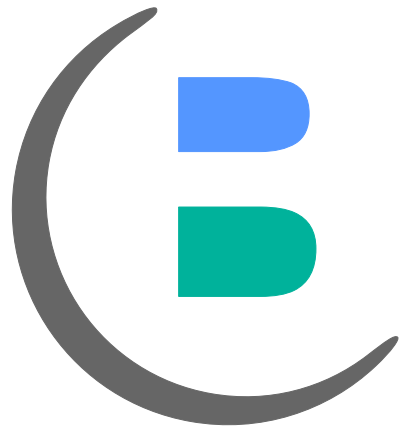
Brain Care Centre

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